# **CORPORATE A LA CARTE**

# **SANDWICH & WRAP SELECTION**

Here is a selection of our artisan sandwiches and wraps. Our condiments and dressings are all Made in house- so good! We use free run local eggs. Our chicken, turkey and beef are oven Roasted in house. And as you already know- we support local farmers! Gluten free bread is Available on request. Want keto? Make it a lettuce wrap! Minimum order for delivery is 10.

## Green Goddess on Flax Bread

Avocado, tomato, roasted vegetables local lettuce, tomato, onions, mozzarella, cucumber and sprouts

1/2 Size \$5.50 - Full Size \$10.00

## Albacore Tuna Tataki on Multigrain

lemon dill aioli, cucumber, sprouts and avocado
Full Size \$12.50

## Smashed Chickpea on Multigrain

Tomato, lettuce, fried kale, sprouts, carrots shredded, turmeric smashed chickpeas ½ Size \$5.50 – Full Size \$9.00

# Cranberry Pecan Chicken Salad on Multigrain

dried cranberries, toasted pecans and green leaf lettuce, mayo
½ Size \$5.50 – Full Size \$10.00

# Toasted Turkey BLT on Rye

fresh in-house roast turkey, double thick smoked Bacon, mayo, lettuce and tomato ½ Size \$6.00 – Full Size \$11.50

#### Grilled Mediterranean Chicken Pita

grilled herb chicken breast, feta, tomato and cucumber, tomatoes, romaine and roasted red pepper on a grilled thick cut

½ Size \$6.00 – Full Size \$11.50

# Italian Grinder on Ciabatta Bun

genoa salami, capicola, provolone, pepperoncini Peppers, tomatoes, romaine lettuce, black olives and Italian dressing

½ Size \$6.00 – Full Size \$11.50

#### Toasted Smoked Salmon Bagel

red onions, fried capers and herb & amp; garlic cream cheese Full Size \$10.00

### Hot Prosciutto & Brie on Olive Filone Bread

figs, assorted greens and balsamic onions on an Italian style olive bread Full Size \$11.50

order online: farmhousecatering.ca | events@farmhousecatering.ca | 778.764.2426

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# Hot Bannock Buffalo Panini

homemade bannock with blueberry aioli, lettuce, red Onion and thinly sliced roast buffalo with locally inspired cheese

Full Size \$12.50

## Hot Chicken BLT Wrap

local fresh crispy chicken strips, double sliced bacon, lettuce, avocado, tomato and cajun herb mayo

## Full Size \$11.50

## Mediterranean Vegetable Pita Wrap

spinach, zucchini sliced, roasted asparagus, red Onion, tomato, banana peppers, hummus and feta cheese
Full Size \$10.50

#### Spicy Tuna Wrap

red pepper, spinach, sambal aioli and cucumber, grilled albacore Tuna Hot antipasto vegetable wrap- grilled vegetables, sun-dried tomato tapenade, Spinach and feta cheese

#### Full Size \$12.50

## Hot Antipasto Vegetable Wrap

Sun dried tomato tapenade, spinach and feta Full Size \$11.00

# Hot Southwest Turkey Wrap

brown rice, roasted corn, black beans, guacamole, Chipotle aioli, kale, cheddar cheese and julienne crispy tortilla

Full Size \$8.50

## Hot Brioche Black Forest Ham & Brie Cheese

fried kale, tomato, grainy mustard and mayo on brioche
Full Size \$11.50

#### Hot Brioche Roast Beef & Cheddar

horse radish mayo, and artichokes on brioche Full Size \$11.50

#### Brioche tomato cucumber

baby greens and roasted red pepper hummus
Full Size \$9.00

## Brioche Roasted Turkey & Jalapeno Monterey Jack

black olive tapenade, cheese and fresh roasted turkey breast ½ Size \$6.00 – Full Size \$11.00



# **CORPORATE A LA CARTE**

## SALAD SELECTION

(minimum 8 people) 12oz. portions

#### Scholar's Cobb Salad

Grilled chicken breast, blue cheese, avocado, crisp pancetta, black olive Kalamata pitted, grape tomatoes and red wine vinaigrette.

\$8.00 per portion

#### Scholar's Nicoise Salad

candied salmon, green beans, hard boiled eggs, fried capers, cherry tomatoes and potato cubes with herb vinaigrette.

\$9.00 per portion

# Baby Spinach, Beet Salad with grapefruit section

red beets, pink grapefruit, candied pecans, salt spring island goat cheese and caramelized orange dressing.

\$8.00 per portion

#### Capers Salad

Cherry tomato, bocconcini, fresh basil, red onion, fried capers and spring greens with balsamic reduction and seasoning.

\$7.00 per portion

## **Chopped Salad**

Roasted Sweet potatoes, cucumber, edamame beans, carrots, red pepper, green onion, fresh corn spring greens and roasted almond with maple lime dressing.

\$7.00 per portion

#### Classic Caesar Salad

Romaine, focaccia croutons and shredded asiago and double roasted garlic Caesar dressing.

\$6.00 per portion

## West Coast Quinoa Salad

Edamame, Mango, sun-dried cranberries, red pepper, almonds, coconut and lime dressing on Urban salad mix.

\$6.00 per portion

#### Roasted Butternut Squash & Kale Salad

Sun-dried cranberries, walnuts, goat cheese, couscous, charred orange vinaigrette.

\$7.00 per portion

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# Wild Berry Quinoa Salad

Strawberries, blueberries, mandarin oranges, spinach and balsamic vinaigrette \$7.00 per portion

## Edamame Chickpea Power Salad

Cashews, ginger, apple, fresh basil and avocado lime dressing on urban salad mix with cooked Faro seed.
\$3.00 per portion

#### Mediterranean White Bean Salad

Cherry tomato, cucumber, parsley, red onion and red wine vinaigrette
\$6 per portion

#### Italian Potato Salad

Red onion, parsley, chopped herbs, in Dijon olive oil vinaigrette. \$6.00 per portion

## Traditional Creamy Potato Salad

Quartered red potatoes with green onions, pickles, and Dijon mustard mayo. \$5.50 per portion

## Italian Pasta Primavera

Broccoli, red onion, Asparagus, mushroom, carrot, chopped fresh herbs, red peppers, herb vinaigrette.

\$7.00 per portion